

## Horses for People

[www.horsesforpeople.co.uk](http://www.horsesforpeople.co.uk)

HORSES FOR PEOPLE run Equine Assisted Learning workshops focussed on building confidence, self-esteem, resilience and more harmonious relationships from our private horse farm in an Area of Outstanding Natural Beauty overlooking Strangford Lough (20 mins from Belfast).

We focus on equipping individuals and groups with life skills to move forward in life rather than holding on to the past.

June Burgess

email: [june@ballygraffan.com](mailto:june@ballygraffan.com)

phone: 07711 881577

## Rangeview Equine Psychotherapy & Learning

[www.rangeview.co.uk](http://www.rangeview.co.uk)

Rangeview supports vulnerable children, young people and adults.

We have been providing this unique innovative service supporting people of all ages, since 2016

The welfare of our horses is fundamental to our training and practice model

Working within the Health Service NI

Referrals from

- Autism services - young people
- CAMHS - young people
- Community Mental Health - adults
- TESSA (Therapeutic, Education Support Services in Adoption - children Simon Community - adults

## Equine Enrichment

[www.equineenrichment.co.uk](http://www.equineenrichment.co.uk)

Equine Enrichment is a community interest company, based in the North West of Ireland.

Our mission is to provide an innovative approach to mental health, offering Equine Assisted Therapies and learning opportunities using the accredited EAGALA (Equine Assisted Growth and Learning Association) model of practice.

Contact: [louise@equineenrichment.co.uk](mailto:louise@equineenrichment.co.uk)

Find us on Facebook, Instagram and Twitter

## Lough Shore Equine Assisted Therapy and Learning,

My name is Samantha O'Sullivan and my business name is Lough Shore Equine Assisted Therapy and Learning, I am an Occupational therapist with specialist training in Equine Assisted Therapy and Learning. Currently I provide ground based therapy interactions with horses for adults and young people.

[Loughshoreequine@gmail.com](mailto:Loughshoreequine@gmail.com)

07532760645

Find us on Facebook @loughshoreequine

## **Gortilea Social Farm CIC**

[www.gortileasocialfarm.com](http://www.gortileasocialfarm.com)

We provide a range of opportunities for children, young people and adults with additional needs including:

- Social farm placements
- School based heritage programmes
- Lantra training in land based activities
- Animal based therapies including hippotherapy (incorporation of equine movement in occupational therapy sessions) and equine assisted group and individual learning programmes (hippo club and G.A.I.T.S).

Main contact: Clare McMonagle (Occupational therapist, HCPC, RCOT)

Email: [gortileasocialfarm@outlook.com](mailto:gortileasocialfarm@outlook.com)

Facebook: gortileasocialfarmcic

Twitter: Claremcmonagle4, gortileasocialfarm

Contact number: 07923388403

## **Gillian M Bingham VR FRGS BSc (Hons) Grad Dip Phys MCSP CPTRH PhysioFirst**

- Equine Facilitated Physiotherapy and Hippotherapy
- Registered Physiotherapist and Hippotherapy Practitioner
- Chartered Physiotherapists in Therapeutic Riding and Hippotherapy Representative in NI & ROI

A highly skilled clinician, Gillian has developed outcome measures, established a Hippotherapy facility for people with traumatic physical injuries, tutors on courses and has presented at conferences at regional, national and international levels.

For further enquiries Email: [gillianbingham@googlemail.com](mailto:gillianbingham@googlemail.com)

## **Peace of Mind**

[www.peaceofmindni.com](http://www.peaceofmindni.com)

Peace of Mind provides Equine Assisted Learning to children and adults with additional needs, such as Autism, ADHD, communication difficulties, social emotional and behavioural difficulties or learning disability. Nicci is an experienced Educational Psychologist who has combined her passion for helping others with her love of horses to provide EAL to a broad range of clients.

Contact Nicci Hall

25b Magheralone Road, Ballynahinch, BT25 8ND

[niccolahall@outlook.com](mailto:niccolahall@outlook.com)

07762430633

Facebook: Peace of Mind

Instagram: peaceofmind\_eal

## **Learning in Harmony with Donkeys**

Participate in a fun, practical and gentle approach available to children and adults through shared experiences with donkeys.

Contact: Anne Brown (Equine Facilitator EFL) Saintfield 07719270954

## Riding for the Disabled

RDA NI is a National Charity which aims to deliver therapeutic riding and/or carriage driving to children and adults with intellectual and physical disabilities across Northern Ireland. Currently we have 30 member Groups which include 4 RDA owned centres and one Carriage Driving Group. The remaining Groups either hire equines and facilities from Riding Schools or work from private yards. Annually we provide opportunities for about 1000 participants and this is only possible with the assistance of about 750 Volunteers all of whom have regular Access NI checks.

<p><b>Antrim</b> Patricia McKay 94467796 <a href="mailto:gerryandpatricia@aol.com">gerryandpatricia@aol.com</a></p>	<p><b>Ballyboley</b> Hilary Jones 94 Mount Stewart Road, Newtownards, BT22 2ES 07856 054210 <a href="mailto:hillersjones@gmail.com">hillersjones@gmail.com</a></p>
<p><b>Ballyclare</b> Avril Nicholl 028 93340546 <a href="mailto:rdabally-claregroup747@gmail.com">rdabally-claregroup747@gmail.com</a></p>	<p><b>Ballyward</b> Joanne Orr 56 Clanmaghery Rd., Ballyward, Castlewellan, BT31 9SA 028 406 50436 <a href="mailto:joorr@btinternet.com">joorr@btinternet.com</a></p>
<p><b>Banbridge and Moira</b> Tullynewbank, Glenavy. Libby Robinson 07763 145294 <a href="mailto:l_robinson2@icloud.com">l_robinson2@icloud.com</a></p>	<p><b>Bangor</b> Roseanne Amos 028 9042 3912 <a href="mailto:steve@amosconsultants.com">steve@amosconsultants.com</a></p>
<p><b>Brentford Lessans near Saintfield</b> Kathy Stewart 028 90448845 <a href="mailto:kas20032@hotmail.com">kas20032@hotmail.com</a></p>	<p><b>Carryduff Lessans near Saintfield</b> Sue Harvey 028 97510678 <a href="mailto:sueharvey95@gmail.com">sueharvey95@gmail.com</a></p>
<p><b>Cavallo</b> Lady Perdita Blackwood Cavallo farm, 141 Crawfordsburn Rd., Newtownards BT23 4UJ 028 91812603 <a href="mailto:perditablackwood@cavallo.plus.com">perditablackwood@cavallo.plus.com</a></p>	<p><b>Coleraine</b> Albert Clyde RDA Centre, Castleroe Rd., Coleraine BT51 3RW 07801533501 (albert) 70320147 <a href="mailto:rdacoleraine@hotmail.com">rdacoleraine@hotmail.com</a></p>
<p><b>Craigtlet</b> Rosemary Spalding 028 91814784 07732 593204 <a href="mailto:rosemaryspalding@btinternet.com">rosemaryspalding@btinternet.com</a></p>	<p><b>Downpatrick</b> Miriam Hamilton 028 44821979 <a href="mailto:miriamhamilton@ymail.com">miriamhamilton@ymail.com</a></p>
<p><b>East Antrim</b> Belinda Millar 07786624635 <a href="mailto:eastantrimrda@gmail.com">eastantrimrda@gmail.com</a></p>	<p><b>Enniskillen</b> Marina Kidney 07989 947275 028 6638 7185 <a href="mailto:ashfordho@hotmail.com">ashfordho@hotmail.com</a></p>
<p><b>Fort Centre</b> Sean McKenna 38 Craigmore Rd., Maghera BT46 5AM 028 7964 4280 07980 911767 <a href="mailto:fortcentrersda@yahoo.co.uk">fortcentrersda@yahoo.co.uk</a></p>	<p><b>Laurelview</b> Sheila Barclay 07866 887840 <a href="mailto:sheilabarclay94@gmail.com">sheilabarclay94@gmail.com</a></p>

## Riding for the Disabled (continued)

<b>Lisburn</b> Jim English 028 92613244 07871 196144 <a href="mailto:james.english12@btinternet.com">james.english12@btinternet.com</a>	<b>Longstone (Armagh)</b> Paul Topley 07739 657152 07715 641246 <a href="mailto:paul.topley@hotmail.co.uk">paul.topley@hotmail.co.uk</a>
<b>Lurgan</b> Sara McCorkell 028 9269 3760 <a href="mailto:lurganrda@hotmail.co.uk">lurganrda@hotmail.co.uk</a>	<b>Mid Antrim</b> Emma Wells 07711 719735 <a href="mailto:enigma_74@hotmail.com">enigma_74@hotmail.com</a>
<b>Minnowburn</b> Alison Magowan 028 92670752 0772 4996 562 07516 495836 <a href="mailto:neil.magowan1@btinternet.com">neil.magowan1@btinternet.com</a>	<b>Mourne and District</b> Irene Martin 028 43726056 <a href="mailto:martin_p3@sky.com">martin_p3@sky.com</a>
<b>Moy</b> Ann Magowan 028 8772 3831 07842 613941 <a href="mailto:annmagowan@hotmail.com">annmagowan@hotmail.com</a>	<b>Newry</b> Alison Suffern 07735 069222 07787 067702 <a href="mailto:alison.suffern@btinternet.com">ali-son.suffern@btinternet.com</a>
<b>Newtownards</b> Celia McMorran 07801 371890 <a href="mailto:mcmorran@onetel.com">mcmorran@onetel.com</a>	<b>Phil's Farm</b> Philip Brown 75 Cortamlat Road, Altnamackin, Newry, BT35 0EL 07711511139 <a href="mailto:info@philsfarm.co.uk">info@philsfarm.co.uk</a>
<b>Omagh</b> Leona Carson 028 82269845 07742 837718 <a href="mailto:leonaomagrda@mail.com">leonaomagrda@mail.com</a>	<b>Roe valley</b> Alison Blair 07955 044951 <a href="mailto:alisonblair6250@gmail.com">alisonblair6250@gmail.com</a>
<b>Strabane</b> Avril Pollock 028 71344699 <a href="mailto:avrilpollock@hotmail.com">avrilpollock@hotmail.com</a>	<b>Whinney Hill</b> Birr House, Craigtantlet Gillian Brown 07732682604 <a href="mailto:gillian64brown@hotmail.co.uk">gillian64brown@hotmail.co.uk</a>

## Simone McCambridge – Tullynewbank Stables

[www.tullynewbank-stables.com](http://www.tullynewbank-stables.com)

Simone McCambridge is a qualified equine assisted learning facilitator (EAL), master practitioner in emotional freedom techniques (EFT) and a neuro linguistic programming practitioner (NLP). Tullynewbank Stables aims to improve the lives and life choices of people through working with horses. It is a haven for nurturing well-being and making a positive impact on the lives of its clients. This is achieved through the delivery of a portfolio of people centred programmes, activities and one to one interventions that will educate, inspire, motivate and make possible client-led changes in behaviour. These behavioural changes will, in turn, promote the self-esteem and self-confidence required to make proactive life choices, leading to successful outcomes and ultimate happiness and well-being.

Simone McCambridge, 07974532186  
[info@tullynewbank-stables.com](mailto:info@tullynewbank-stables.com)

## **The Donkey Sanctuary, Belfast**

[www.thedonkeysanctuary.org.uk](http://www.thedonkeysanctuary.org.uk)

Providing donkey assisted therapy and learning to help a wide spectrum of vulnerable people gain confidence, improve life skills and gain a sense of achievement.

Contact: 028 9332 4647

## **BHS Changing Lives through Horses**

<https://www.bhs.org.uk/changinglivesthroughhorses>

Young people who are not in employment, education or training (NEET) are at risk of becoming socially excluded with income below the poverty line and without the skills to improve their economic situation. We aim to re-engage these individuals back into education or employment, to build their resilience, confidence, self-esteem and give them the drive and ambition to be a productive member of our society. We passionately believe that horses have a remarkable role to play in developing character and key life skills in young people when more traditional methods have not been successful. There is a bespoke framework of BHS Achieve Awards which includes ten stable management awards, six riding and also a number of BHS Achieve Skills. To ensure the correct placement of young people within the programme, we operate a robust referral process and with the equestrian centre scope out the needs and requirements of each participant to ensure these can be met throughout the programme.

We have two BHS Changing Lives through Horses Riding Schools in Northern Ireland—Tullynewbank Riding Stables, Glenavy and Islandmagee Riding School, Islandmagee

Contact: Phillippa Founds, Manager BHS Changing Lives Through Horses

Email: [Phillippa.founds@bhs.org.uk](mailto:Phillippa.founds@bhs.org.uk)

Phone:- +44(0)2476840542

## **BHS Learning with Horses Course**

Northern Ireland has many young people who for a variety of reasons have become negative in their approach to education and life in general. The BHS Ireland wants to provide those young people with a unique opportunity to learn through working with horses.

In our Learning with Horses course students not only learn about the horse, but they also rediscover themselves; how they can better interact and communicate with each other by working together to achieve tasks. The Learning with Horses course offers an opportunity to experience something new and exciting, while helping to improve self-esteem and confidence. For some the course could also lead to future learning opportunities within equestrianism.

Learning with Horses gives young people between the ages of 9 and 17 a snap-shot introduction into the basic care and management of horses, as well as fundamental riding skills. They also discover how to communicate and work with horses, encouraging positive engagement and motivational learning experiences that will be remembered long after the event.

Contact: Mrs Susan Spratt, British Horse Society Manager for Northern Ireland & Republic of Ireland

Email: [susan.spratt@bhs.org.uk](mailto:susan.spratt@bhs.org.uk)

Mobile:- 07808141079

Mrs Shelagh Laird, Coordinator of the BHS Ireland Learning with Horses Courses

Email: [shelaghlaird@aol.com](mailto:shelaghlaird@aol.com)